

**COMMONWEALTH OF VIRGINIA**  
**DEPARTMENT OF HUMAN RESOURCE MANAGEMENT**

**Benefits Administrator Memo #01-04**

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**To:** Benefits Administrators  
**From:** Charles S. Reed, Associate Director  
State and Local Health Benefits Programs  
**CC:** All OHB  
**Date:** February 26, 2001  
**Re:** Health plans effective July 1, 2001

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The Department of Human Resource Management will continue to offer the current four statewide health care plans and seven regional plans for the July 1, 2001 plan year. In addition, employees will have another plan choice. Optimum Choice, Inc. (MAMSI) will provide a new Standard Option HMO which covers selected cities and counties in all regions of Virginia. Here is a list of the health plans by type:

**Statewide Plans** (administered by Trigon Blue Cross Blue Shield)

Cost Alliance, Cost Alliance With Dental  
Key Advantage, Key Advantage Expanded

**Point of Service (POS) Plans**

Aetna U.S. Healthcare POS  
Optimum Choice (MAMSI) Standard Option POS  
Optimum Choice (MAMSI) High Option POS

## **HMO Plans**

Aetna U.S. Healthcare HMO  
CIGNA HealthCare of Virginia HMO  
Kaiser Permanente HMO  
Optimum Choice (MAMSI) Standard Option HMO  
Piedmont Community HMO

Information is enclosed on benefits changes for Key Advantage and Cost Alliance; rates for July 1, 2001; new CIGNA and Optimum Choice service areas; and Benefits Administrator and Employee Meetings. Please note that registration is required for the Benefits Administrator training, which begins on March 26. Contact Jessica Cottingham at (804) 371-6436 or [jcottingham@dhrm.state.va.us](mailto:jcottingham@dhrm.state.va.us) to register.

## **Ordering Materials**

As you know, employees will be able to make plan and membership changes during Open Enrollment (April 1 – May 1 for colleges and universities, May 1 – May 31 for all other state agencies). Open Enrollment materials for the Trigon, Aetna and CIGNA plans will be available at Edgewood for your orders on March 16. Optimum Choice (MAMSI), Kaiser and Piedmont will receive orders directly. We will mail order forms and information, along with a copy of Spotlight and other materials, on March 16. The Spotlight newsletter will be mailed to employee homes on March 19.

## **Option I Member Handbooks**

Updated Member Handbooks for Medicare Complementary (Option I) will be mailed to all plan participants beginning February 26. A small supply also will be available for ordering. However, the supply will be limited since members will receive copies directly, and there will be no new enrollees in the Option I plan. The Option I Handbook also is available on the web at <http://www.dhrm.state.va.us/hbenefit.htm>.

We are currently updating the Medicare Supplemental (Option II) Handbook, and Advantage 65 will follow. Once these handbooks are completed, they will be mailed to each retiree enrolled in the plan. We will keep you informed of the status of these handbooks.

Enclosures:  
Key Advantage and Cost Alliance benefits changes  
Rates for July 1, 2001

List of CIGNA and Optimum Choice service areas  
Schedule of BA and Employee meetings